

**Hello!**

**I am Alicia Barber,  
that was diagnosed  
Thanksgivings  
diagnosed, I was  
my mind that I  
Living with this**



**a African American woman  
with Multiple Sclerosis on  
weekend 2004. After being  
determined and had made up  
would fight and beat MS!  
illness hasn't been easy.**

**I have encountered multiple levels of circumstances that include no one looks like me, financial struggles due to work inconsistencies, and struggling with my mobility. With all that said, what does the young women do? Day to day living changed, multiple medications (that aren't cheap), I have been blind twice paralyze from the waist down 3 times, but life must go on. And I got to eat! I stopped working because the doctors told me to. I am legally disabled. So, I began to compromise my eating just to have money for food. So, now food is an issue for the girl that can't leave the house to go and get groceries. I mean WE NEED To EAT. As an person with Multiple Sclerosis I began to decipher what was important to me. I want to live, I want to eat, and I want to eat healthy. I have this disease with no cure, but I can manage it. But with all these medications, doctors' visits and copays, it's hard to eat and attempt to eat healthy and maintain my budget with takes from enjoyment of life. That's when I received the idea of...." Empower Acknowledge Teach Multiple Sclerosis (EAT MS). We want to eat it up!!!!!! My goal is to make sure that no person with MS goes hungry by providing an demanding resources for those suffering with MS and others to get food and try to stay healthy.**

**I am asking for your help and support to ensure no person with MS or any MS caregiver struggles for food and resources.**

**Will you please join/partner with me in my efforts to make sure we never have to compromise our health just because the food resources are unavailable when needed. DEALING with MS is not easy. My name is Alicia Barber and I am attempting to Build a bridge to (EAT MS) Empower Acknowledge Teach Multiple Sclerosis. Do I have your support in helping me bring the gap to those living with MS and food resources ultimately helping to prolong a better lifestyle.**

**My name is Alicia Barber and I am attempting to live well with MS.**

**EIN is available.**